# Innovative Partnerships: Building Capacity to Address Community Wellbeing

New Partners for Smart Growth Conference, Kansas City, MO February 28, 2013 3:30 PM – 5:30 PM

#### Nisha D. Botchwey, PhD, MCRP, MPH

Associate Professor Georgia Institute of Technology, School of City and Regional Planning

### "NO! Try not! **DO or DO NOT,** There is no try."



## "NO! Try not! DO or DO NOT, There is no try."

### **Session Outline**

I. The Federal Perspective
II. The University Perspective
III. The Community Perspective
IV. Training for the Built Environment and Public Health Workforce

> Note: Time will be allowed for clarifying questions between each section of the presentation.

### Drivers for Cross-Sectoral Workforce Development: A Federal Public Health Perspective

Chris Kochtitzky, MSP Associate Director for Program Development CDC's Division of Emergency & Environmental Health Services

"The findings and conclusions in this presentation are those of the author and do not necessarily represent the views of the Centers for Disease Control and Prevention."

> National Center for Environmental Health (NCEH) Division of Emergency and Environmental Health Services (EEHS)



### Outline

- **Evolution of Public Health Practice**
- Non-traditional Public Health Interventions
- **Emerging National Public Health Threats**
- Federal Initiatives Aimed at Promoting Inter-Sectoral Workforce Development

### **Factors that Affect Health**

Smallest Impact

Counseling & Education

Clinical Interventions

Long-lasting Protective Interventions

Changing the Context to make individuals' default decisions healthy

#### Socioeconomic Factors

Examples

Condoms, eat healthy be physically active

Rx for high blood pressure, high cholesterol

Immunizations, brief intervention, cessation treatment, colonoscopy

Building codes, zoning & land use law

Safe & healthy housing, transportation systems

Largest Impact

### Nutrition, Physical Activity, & Obesity

- More than one-third of adults in the U.S. —over 72 million people—and 17% of children in the U.S. are obese.
- From 1980 to 2000, obesity rates for adults doubled and rates for children tripled.
- People who were obese had medical costs that were \$1,429 higher than the cost for people of normal body weight.
- □ It is estimated that 23.5 million people live in food deserts. More than half (13.5 million) are low-income.
- Almost 50% of adults in the U.S. fail to take part in recommended levels of physical activity each week

U.S. Department of Agriculture - http://apps.ams.usda.gov/fooddeserts/foodDeserts.aspx

U.S. Centers for Disease Control & Prevention - <u>http://www.cdc.gov/chronicdisease/resources/publications/AAG/obesity.htm</u> CDC Chronic Disease Indicators - <u>http://apps.nccd.edc.gov/cdi/</u>

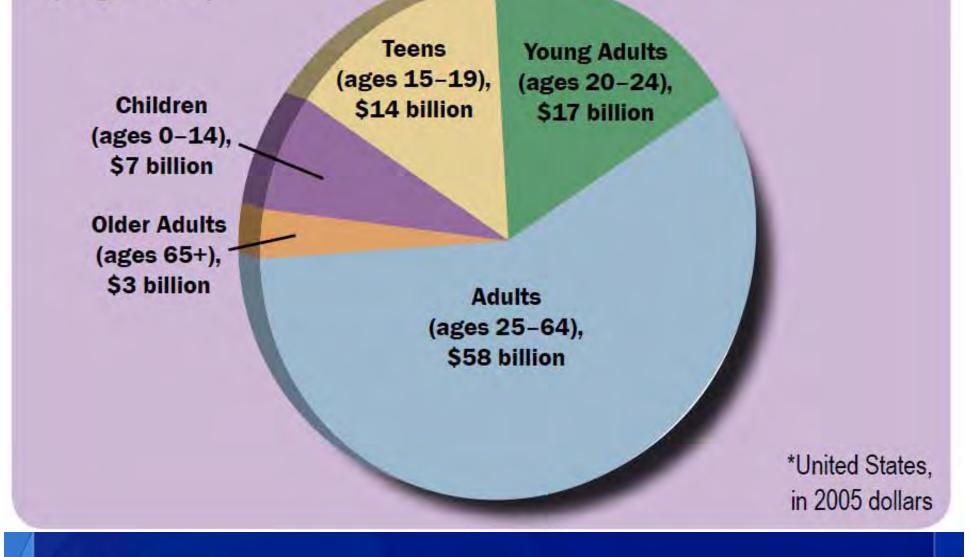


### **Transportation-Related Injuries**

Traffic crashes cause over 40,000 deaths a year, with approximately 2.5 million people injured on our roads every year.

In 2005, traffic crashes were the leading cause of death for people ages 5 to 34 in the United States and the leading cause of injury-related death among all ages.

At the Intersection of Public Health and Transportation: Promoting Healthy Transportation Policy - <u>http://www.apha.org/NR/rdonlyres/0ECFA0F5-1C85-4323-A051-</u> 903513BE3B30/0/AttheIntersectionPHandTransportationNewCover.pdf Annual Costs of Motor Vehicle–Related Fatal and Nonfatal Injuries, by Age Group\*



CDC's National Center for Injury Prevention & Control - http://www.cdc.gov/Motorvehiclesafety/costs/policy.html

### **Air Pollution**

- Air pollution, and particularly traffic-related pollutants affect ambient air quality and health on a broad variety of spatial scales.
- It is estimated that 2005 air pollution levels caused 130,000 PM2.5-related deaths and 4,700 ozone-related deaths.
- Among populations aged 65–99, it is estimated nearly 1.1 million life years have been lost from PM2.5 exposure and approximately 36,000 life years lost from ozone exposure during the same period

Health Effects Institute. Panel on the Health Effects of Traffic-Related Air Pollution. *Traffic-related air pollution: a critical review of the literature on emissions, exposure, and health effects.* No. 17. Health Effects Institute, 2010.

Fann, N., Lamson, A. D., Anenberg, S. C., Wesson, K., Risley, D., & Hubbell, B. J. (2011). Estimating the national public health burden associated with exposure to ambient PM2. 5 and ozone. Risk Analysis, 32(1), 81-95.

#### **TABLE 2**THE COST OF TRANSPORTATION-RELATED HEALTH OUTCOMES

The consequences of inactivity, obesity, exposure to air pollution, and traffic crashes in the U.S. are staggering when viewed in terms of cost. Fortunately, with certain policy changes, these costs are largely preventable.

The National Health Costs of	\$\$ (Billions)	Estimate Includes	Source
Obesity and overweight	\$142	<ul> <li>Healthcare costs</li> <li>Lost wages due to illness &amp; disability</li> <li>Future earnings lost by premature death</li> </ul>	National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases. Statistics Related to Overweight and Obesity: The Economic Costs. Available at: http://win.niddk.nih.gov/statistics/index.htm
Air pollution from traffic	\$50-80	<ul><li>Health care costs</li><li>Premature death</li></ul>	Federal Highway Administration. 2000. Addendum to the 1997 Federal Highway Cost Allocation Study Final Report, May 2000. Available at: www.fhwa.dot.gov/policy/hcas/addendum.htm
Traffic crashes	\$180	<ul> <li>Healthcare costs</li> <li>Lost wages</li> <li>Property damage</li> <li>Travel delay</li> <li>Legal/administrative costs</li> <li>Pain &amp; suffering</li> <li>Lost quality of life</li> </ul>	AAA. Crashes vs. Congestion? What's the Cost to Society? Cambridge, MD: Cambridge Systematics, Inc.; 2008. Available at: www.aaanewsroom.net/assets/files/20083591910. crashesVscongestionfullreport2.28.08.pdf

All cost estimates adjusted to 2008 dollars.

American Public Health Association - <u>http://www.apha.org/NR/rdonlyres/E71B4070-9B9D-4EE1-8F43-</u> 349D21414962/0/FINALHiddenHealthCostsShortNewBackCover.pdf

#### NATIONAL ACADEMIES OF SCIENCE, INSTITUTE OF MEDICINE

"What is needed is the creation of an effective intersectoral public health system"

"The public sector at the community level encompasses local government officials and agencies traditionally seen as having health-related responsibilities, as well as many others that have important but sometimes less obvious roles in health but whose policies and objectives may have potential health consequences. The latter may include city councils, public schools, colleges and universities, police and fire departments, zoning boards, housing authorities, parks and recreation

#### agencies"

http://www.nap.edu/catalog.php?record\_id=10548

### THE FUTURE OF THE PUBLIC'S HEALTH

in the 21st Century

INVESTIGATION AND ADDRESS

#### COMMUNITY PREVENTIVE SERVICES TASK FORCE

- Asthma Control: Home-Based Multi-Trigger, Multicomponent Environmental Interventions
- Preventing Excessive Alcohol Consumption: Regulation of Alcohol Outlet Density
- Physical Activity: Community-Scale
   Urban Design and Land Use Policies
- Physical Activity: Creation of or Enhanced Access to Places for Physical Activity Combined with Informational Outreach Activities
- Physical Activity: Street-Scale Urban
   Design and Land Use Policies
- **Physical Activity**: Point-of-Decision Prompts to Encourage Use of Stairs
- Housing: Tenant-Based Rental Assistance Programs
- Reducing Secondhand Smoke Exposure: Smoking Bans and Restrictions

http://www.thecommunityguide.org/index.html

Community Preventive Services Task Force

#### FIRST ANNUAL REPORT TO CONGRESS

AND TO AGENCIES RELATED TO THE WORK OF THE TASK FORCE

Community Preventive Services



2011

#### NATIONAL ACADEMIES OF SCIENCE, TRANSPORTATION RESEARCH BOARD

"Universities should develop interdisciplinary education programs to train professionals in conducting the recommended research and prepare practitioners with appropriate skills at the intersection of physical activity, public health, transportation, and urban planning."

"New interdisciplinary programs should be developed with a core curriculum that brings together the public health, physical activity, transportation, and urban planning fields in a focused program on the built environment and physical activity. ... Similarly, practitioners

in the field—local public health workers, physical activity specialists, traffic engineers, and local urban planners—could benefit from supplemental training in these areas."





TRB SPECIAL REPORT 282



Does the Built Environment Influence Physical Activity? EXAMINING THE EVIDENCE







TRANSPORTATION RESEARCH BOARD INSTITUTE OF MEDICINE OF THE NATIONAL ACADEMIES

#### WHITE HOUSE TASKFORCE ON CHILDHOOD OBESITY

"How communities are designed and function can promote—or inhibit—physical activity for children and adults. The built environment consists of all man-made structures, including transportation infrastructure, schools, office buildings, housing, and parks. Children's ability to be physically active in their community depends on whether the community is safe and walkable, with good sidewalks and reasonable distances between destinations."

"Recommendation 5.10: Communities should be encouraged to consider the impacts of built environment policies and regulations on human health. Local communities should consider integrating Health Impact Assessments (HIAs) into local decision-making processes, and the Federal government should continue to support the development of an HIA approach, tools, and supporting resources that promote best practices." SOLVING THE PROBLEM OF CHILDHOOD OBESITY WITHIN A GENERATION

White House Task Force on Childhood Obesity Report to the President

#### MAY 2010



http://www.letsmove.gov/sites/letsmove.gov/files/TaskForce\_on\_Childhood\_Obesity\_May2010\_FullReport.pdf

#### **U.S. SURGEON GENERAL**

"As a nation, we must create neighborhood communities that are focused on healthy nutrition and regular physical activity, where the healthiest choices are accessible for all citizens. Children should be having fun and playing in environments that provide parks, recreational facilities, community centers, and walking and bike paths."

"Interventions to prevent obesity should focus not only on personal behaviors and biological traits, but also on characteristics of the social and physical environments that offer or limit opportunities for positive health outcomes. Critical opportunities for interventions can occur in multiple settings: home, child care, school, work place, health care, and community." The Surgeon General's Vision for a Healthy and Fit Nation 2010



U.S. Department of Health and Human Services

http://www.surgeongeneral.gov/initiatives/healthy-fit-nation/obesityvision2010.pdf

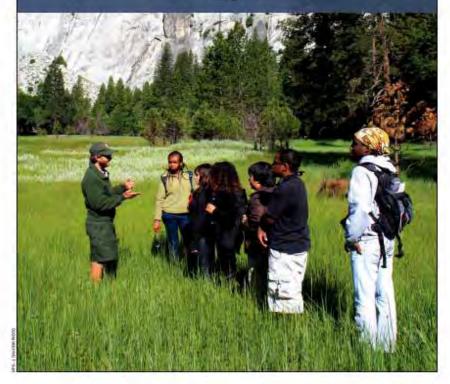
### U.S. DEPARTMENT OF THE INTERIOR

"All children, regardless of where they live, have access to clean, safe outdoor places within a short walk of their homes or schools, where they can play, dream, discover, and recreate."

"Urban parks and community green spaces contribute to the social, physical, and emotional health of America's communities, and neighborhood parks are among the few public places where communities can readily congregate close to home."



America's Great Outdoors: A Promise to Future Generations February 2011



http://americasgreatoutdoors.gov/files/2011/02/AGO-Report-With-All-Appendices-3-1-11.pdf

#### PARTNERSHIP FOR SUSTAINABLE COMMUNITIES (DOT, HUD, & EPA)

#### **Livability Principles**

• **Provide more transportation choices** -Develop safe, reliable, and economical transportation choices to decrease household transportation costs, reduce our nation's dependence on foreign oil, improve air quality, reduce greenhouse gas emissions, and promote public health.

• **Promote equitable, affordable housing -**Expand location- and energy-efficient housing choices for people of all ages, incomes, races, and ethnicities to increase mobility and lower the combined cost of housing and transportation.

- Increase economic competitiveness
- Support existing communities
- Leverage federal investment

• Value communities and neighborhoods -Enhance the unique characteristics of all communities by investing in healthy, safe, and walkable neighborhoods

#### Partnership for Sustainable Communities: An Interagency Partnership of HUD, DOT, & EPA



On June 16, 2009, the U.S. Department of Housing and Urban Development (HUD), U.S. Department of Transportation (DOT), and the U.S. Environmental Protection Agency (EPA) joined together to help communities nationwide improve access to affordable housing, increase transportation options, and lower transportation costs while protecting the environment.

The Partnership for Sustainable Communities works to coordinate federal housing, transportation, water, and other infrastructure investments to make neighborhoods more prosperous, allow people to live closer to jobs, save households time and money, and reduce pollution. Partnership agencies incorporate six principles of livability into federal funding programs, policies, and future legislative proposals.

Livability Principles

<u>Provide more transportation choices</u>. Develop safe, reliable, and economical transportation choices to decrease household transportation costs, reduce our nation's dependence on foreign oil, improve air quality, reduce greenhouse gas emissions, and promote public health.

<u>Promote equitable, affordable housing.</u> Expand location- and energy-efficient housing choices for people of all ages, incomes, races, and ethnicities to increase mobility and lower the combined cost of housing and transportation.

Enhance economic competitiveness. Improve economic competitiveness through reliable and timely access to employment centers, educational opportunities, services and other basic needs by workers, as well as expanded business access to markets.

<u>Support existing communities</u>. Target federal funding toward existing communities—through strategies like transitoriented, mixed-use development and land recycling—to increase community revitalization and the efficiency of public works investments and safeguard rural landscapes.

<u>Coordinate and leverage federal policies and investment.</u> Align federal policies and funding to remove barriers to collaboration, leverage funding, and increase the accountability and effectiveness of all levels of government to plan for future growth, including making smart energy choices such as locally generated renewable energy.

<u>Value communities and neighborhoods.</u> Enhance the unique characteristics of all communities by investing in healthy, safe, and walkable neighborhoods—rural, urban, or suburban.

"...by working together, {these} agencies can make sure that when it comes to development -- housing, transportation, energy efficiency -- these things aren't mutually exclusive; they go hand in hand. And that means making sure that affordable housing exists in close proximity to jobs and transportation. That means encouraging shorter travel times and lower travel costs. It means safer, greener, more livable communities." -- President Barack Obama, July 13, 2009



http://americasgreatoutdoors.gov/files/2011/02/AGO-Report-With-All-Appendices-3-1-11.pdf

#### NATIONAL PREVENTION COUNCIL

"A prevention-oriented society can be supported by integrating health and health equity criteria into community planning and decision making whenever appropriate; maintaining a skilled, crosstrained, and diverse prevention workforce."

"Integrate health criteria into decision making, where appropriate, across multiple sectors. Communities can be designed to increase physical activity, decrease motor vehicle and pedestrian injuries and fatalities, improve air quality, and reduce greenhouse gas emissions. Providing affordable, accessible transportation options and safe and navigable streets helps people, especially older adults, people with disabilities, and those with low incomes, to live safely in their communities, reach essential destinations (e.g., grocery stores, schools, employment, health care, and public health services), and lead more rewarding and productive lives."



### National Prevention Strategy

AMERICA'S PLAN FOR BETTER HEALTH AND WELLNESS



June 2011

http://www.surgeongeneral.gov/initiatives/prevention/strategy/report.pdf

### **Chris Kochtitzky**

csk3@cdc.gov

#### Please visit CDC's Healthy Places website: http://www.cdc.gov/healthyplaces

The findings and conclusions in this presentation are those of the author and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

National Center for Environmental Health

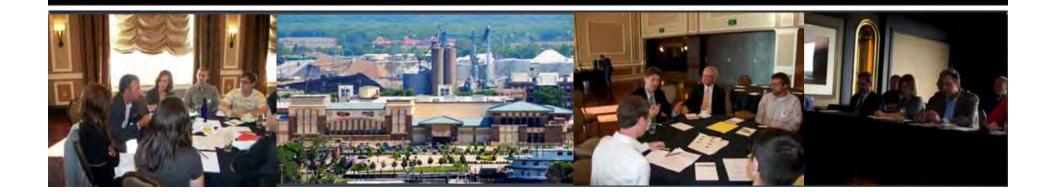
**Division of Emergency and Environmental Health Services** 



# FOR SUSTAINABLE COMMUNITIES

February 8, 2013

# Iowa Initiative for Sustainable Communities



# Sustainability at lowa

April 22, 2008: "Sustainability must and will become a central priority of all aspects of our university enterprise—our operations, our academic mission, and our responsibilities to the greater society. " - University of Iowa President Sally Mason

# **Defining Sustainability**

 Enabling current generations to meet their social, economic, and environmental needs without compromising the ability of future generations to meet their needs.



## Iowa Initiative for Sustainable Communities



 To better address the problems and challenges faced by towns and cities in Iowa and the Midwest, the School of Urban and Regional Planning at the University of Iowa launched the Iowa Initiative for Sustainable Communities (IISC) in 2009.

Expanded to a campus-wide initiative in 2012

### **Iowa Initiative for Sustainable Communities**

 IISC applies the talent and knowledge of the students and faculty of the University of lowa to develop projects that enable lowa's communities to enhance their sustainability.



Dubuque, IA (sustainability indicators)



Burlington, IA (downtown investment proposal)

# lowa Communities at a Crossroads



# Increasingly, communities in Iowa and the Midwest face a crisis of sustainability.

- Reduced economic stability due to the reliance on one or two major industries
- The decline of local food systems
- Increased susceptibility to flooding and other extreme weather conditions associated with global climate change
- A significant increase in obesity rates and other health problems associated with poor eating habits and a sedentary lifestyle

# **Health and Sustainability**

- Health is an important indicator of sustainability
  - Outdoor air pollution → 1.3 million deaths/year<sup>1</sup>

  - Traffic injuries → 3.2 million deaths/year<sup>1</sup>
  - 1 Health Indicators of Sustainable Cities, WHO Expert Consultation, 2012, http://www.who.int/hia/green\_economy/indicators\_cities.pdf

# **IISC Communities**

- Anamosa
- Burlington
- Charles City
- Columbus Junction
- Decorah
- Dubuque
- Oskaloosa
- Wellman

# 2011-2013 IISC Partnership with Dubuque

- IO projects in two years
- 35 Urban Planning graduate students in 2011-2012, 30 in 2012-2013
- Led by two Urban Planning faculty with assistance of five others
- \$80,000 support from Provost and VPR



# **IISC – Dubuque Partnership**

- Projects include:
  - Sustainability indicators for City of Dubuque
  - Design of Green and Healthy Homes program
  - Multi-modal transportation evaluation
  - Economic development study and proposal for Dubuque's South Port







# **IISC – Dubuque Partnership**

- Local Foods and Local Institutions Project
  - Students worked with the three colleges in the area, as well as other major institutions, to better link them with local food producers.







LORAS COLLEGE

# Local Food Producer Survey Outreach and Response



Mailed to 242 local food producers.

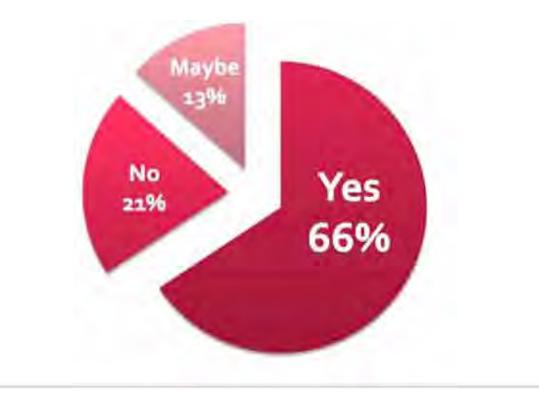


Emailed to producers through 3 list serves

### **67 respondents**

### Local Food Producer Survey Results and Analysis

#### Interest in Selling to Colleges and Universities



# **Networking Event**

#### Local Food Solutions for Dubuque Institutions

Please join Iowa State University Extension and the Iowa Initiative for Sustainable Communities to learn about institutional food purchasing and meet with institutions interested in purchasing local food products.

> Thursday, March 22, 2012 6 PM – 8 PM Rose O'Toole Room Mary Josita Hall at Clarke University 1550 Clarke Drive Dubuque, Iowa

Please RSVP by phone at: 515.520.9314 or email at: <u>eatlocalfooddubuque@gmail.com</u>. If you have questions, please contact Alicia Rosman at the phone number or email address provided above.

## Networking Event Goal: Demonstrate student demand



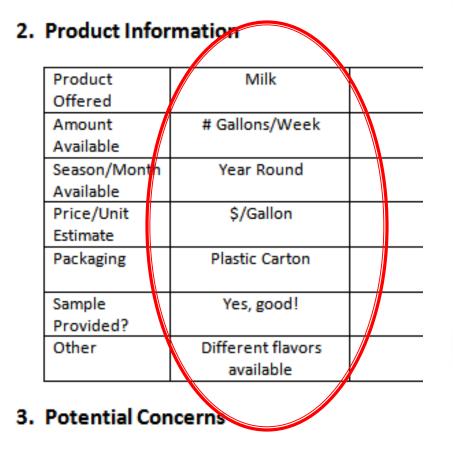
### **Networking Event** Goal: Foster institution-producer communication



# Handout Example

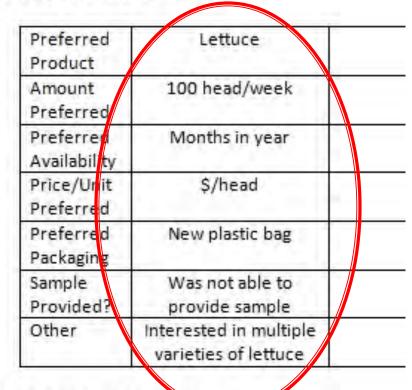
#### **Producer Handout**

Contact Information: \_\_\_\_\_



Safety and Packaging

#### 2. Product Information



- 3. Potential Concerns
  - Safety and Packaging

## **Event Highlights** Local Food Samples







### **Action Plan**

# Guide to creating and implementing a local food program at a collegiate institution

plan provides nearly all the information you need to be an effective proponent or participant in a local food program. More specifically, this guide provides information in the following manner:

Chapter 1 -	Institutions	
Chapter 2 -	Producers	Steps and
Chapter 3 -	Food safety and risk management	information
Chapter 4 -	Funding and educational resources	for
Chapter 5 -	Students, staff, and the general public	everyone
Chapter 6 -	City and county government	involved
Chapter 7 -	Local outreach organization	intertou

Chapter 7 - Local outreach organization Each chapter of the action plan describes the basic process that a particular type of participant can follow along with common considerations and useful information. Keep in mind that the

process for each type of participant is not necessarily presented in the exact order they should

# IISC Partnership for Health and Sustainability







- state -

BLUE ZONES PROJECT"



- Blue Zones Project™: Public-private state-wide partnership for community health and wellness
   Based on physical/environmental
  - changes to communities
- Make healthy choices easy choices



 University of Iowa well known for health/science research



 Apply University of Iowa faculty and student expertise in public health, dietetics, nursing, medicine and other disciplines to help Blue Zones effort IISC – Blue Zones Projects Spring 2013





### MUSCATINE

- UI Dietetic Interns and College of Public Health grad students
- Project: Improve menu nutrition and overall eating environments at 6 Muscatine restaurants





IISC – Blue Zones Projects Spring 2013





### MUSCATINE

- UI Risk Communication students
- Project: Develop communication plans for 7 different Blue Zones health objectives:
  - Public areas smoking ban policy
  - Walking school bus
  - Healthy vending standards
  - Pedestrian Master Plan
  - Complete Streets



Walking School Bus

# IISC – Blue Zones Projects Spring 2013





### CEDAR FALLS

- UI College of Public Health graduate students
- Projects:
  - Farm-to-school food program for local schools
  - Public areas smoking ban policy









- IISC Complete Streets seminar
- Spring 2013
- UI Urban Planning faculty and graduate students educate Blue Zones cities



## **Questions?**



Association of Monterey Bay Area Governments Energy Watch presents watch

Climate Action Planning for Our Communities:

Local Governments & Local Colleges Together Optimizing Resources to Complete GHG Inventories

2013 New Partners for Smart Growth Conference



#### Association of Monterey Bay Area Governments (AMBAG)

- 18 cities and 3 counties in California's Central Coast Regions
- Population of 750,000
- Covers 5,767 square miles
- Receive funding from the California Public Utilities Commission to support energy efficiency and climate action planning for the region in partnership with Pacific Gas and Electric Company (PG&E).







"4. Local governments lead their communities with innovative programs for energy efficiency, sustainability and climate change."

"By 2015, 50% of local governments have adopted energy efficiency/sustainability/climate change action plans for their communities and 100% by 2020, with implementation and tracking of achievements."

#### AMBAG Strategic Goal



- As a regional organization of local governments, AMBAG Energy Watch leads the communities with innovative programs for energy efficiency, sustainability and climate change.
  - By 2010, 100% of AMBAG government will have completed the Local Government Operations Protocol for the Calculation of Greenhouse Gases (LGOP). We will call these municipal GHG inventories for this presentation.
  - By 2011, 100% of AMBAG governments will have completed the Communities-wide GHG Inventories.
  - By 2012, 100% of AMBAG governments will have participated in training provided by AMBAG Energy Watch on the process of preparing a Climate Action Plan and have completed, at a minimum, a first draft of an Energy Action Strategy with the intent of completing full Climate Action Plans by 2014.



AMBAG has 21 jurisdictions of which only 4 had completed their municipal GHG inventory. 17 jurisdictions needed to complete their municipal GHG inventories.

How do we achieve 100% completed municipal GHG inventories for 17 jurisdictions in minimal time?



# 1. Provide Group Training for the Region



# 2. Provide Teams of Staff with Graduate Interns for Each Jurisdiction

Needs: Jurisdictions do not have enough staff to complete the work

Needs: Graduate students need quality internships/green job training in the region



# 3. Provide Quality Teaching and Educational Tools



# Provide the funding so all jurisdictions can participate at no cost.



# Each of the provisions brought up their own set of program development challenging questions

# 1. Provide Group Training for the Region



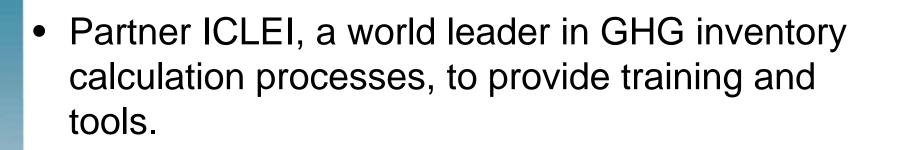
- Where Located?
  - College campus computer seminar room
- How Often?
  - 4 in person sessions
  - 3 webinar sessions
  - 2 conference calls
- What timeframe?
  - September 2<sup>nd</sup> to December 11<sup>th</sup> (one semester)
- How will jurisdictions, spread out over 5,000 miles, attend?
  - Meet in person only 4 times and use webinars, teleconferencing, and develop electronic tools

# 2. Provide Teams of Staff with Graduate Interns for Each Jurisdiction



- How will we engage colleges?
  - Meet with college administrative staff to develop working relationships
- How can we work within their timelines?
  - The GHG inventory needs to be completed in one college semester
- How can we provide maximum opportunities for students to participate?
  - Provide multiple ways of participation
  - Graduate college level course credit internship
  - Work study Internship
  - Voluntary Internship

# 3. Provide Quality Teaching and Educational Tools



AMBAG

• ICLEI partnered with CARB in development of the LGOP.

# 4. Provide the funding so all jurisdictions can participate at no cost



AMBAG Energy Watch funds the program. Funding committed to minimal costs.

Training Consultant Fees	\$87,500
AMBAG staffing (all)	54,500
Classroom rental	480
Snack on class days	320
Filming class days	70
Paper products	110
Car Expenses	<u>400</u>

 TOTAL EXPENSES
 \$143,380



- Partnership between:
  - AMBAG (program development and management, quality control, public relations)
  - ICLEI (software, tools and training, and program development)
  - Local Jurisdictions (staff completing inventories, future emissions tracking)
  - Graduate Students of Monterey Institute of International Studies and Panetta Institute of CSUMB (creating complete inventories, building career skills)

#### Jurisdictional Staff Participation Key Elements



- Initial one-on-one meetings between City Managers/ Senior County Staff Members and Senior Energy Watch Staff to obtain commitment to the participating in LGOP Process
- 2. Identify with the City Managers/ Senior County Staff Members the staff person who will attend the training and work with the Intern
- 3. Hold introductory meetings with Staff person

#### Our Jurisdictions and the LGOP



#### **City Jurisdictions**

City	2008 Population
Capitola	10,015
Carmel-by-the-Sea	4,049
Del Rey Oaks	1,627
Gonzales	8,803
Greenfield	17,316
Hollister	37,051
King City	11,852
Marina	19,171
Pacific Grove	15,472
Salinas	150,898
Sand City	298
San Juan Bautista	1,874
Scotts Valley	11,697
Seaside	34,194
Soledad	27,905
Watsonville	51,703

#### **County Jurisdictions**

County	Population
County of Monterey	428,549
County of San Benito	57,784

#### **Program Development**



- Recruiting Interns
  - Directed Study Option
    - Coordinating with graduate schools' administrative staff
    - Identifying professors to assume credited-study responsibility
  - Work Study
    - Coordinate with work study staff in Financial Aid departments
  - Voluntary interns
- Matching Interns with Jurisdictions
  - Optimally match needs of Jurisdiction to skill set of intern and desired work experience of intern

#### **Training Content**

- Phase I: Data Collection
- Phase II: Data Conditioning
   Master Data Sheet
- Phase III: Emissions Calculations
   CACP Software
- Phase IV: Reporting
  - CARB LGOP Report
  - Detailed Narrative Report

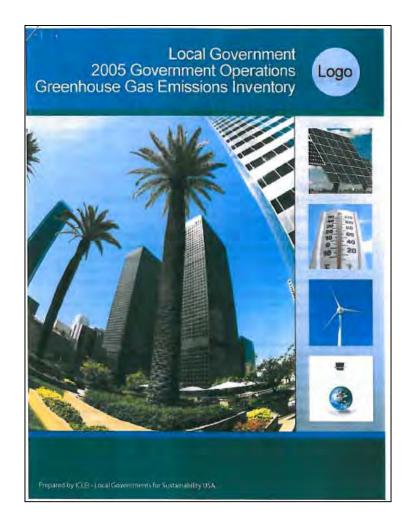






#### **Deliverables from Project**





		perations Protocol				-	Septer	pt)er 2006
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#### **Goals For Graduate Students**





- Government training and experience working with Staff
- Collaborate on a regional level to support multiple stakeholders

## **Government Career Experience**









- Understanding the operations of a regional government agency
- Understanding the goals and challenges of local jurisdictions

## CARB LGOP Protocol and ICLEI Tools Career Experience

- Advantage of learning tools
- Training and calculating GHG Inventories as it relates to skill building and career development



AMBAG





# Thank you to the Jurisdictional Staff and Graduate Interns

#### City of Capitola:

- John Akeman, Associate Planner
- Steve Jesberg, Public Works Director
- Sky Lantz-Wagner, MIIS

#### City of Carmel-by-the-Sea:

- Sean Conroy, Planning & Building Services Manager
- Bernd Geels, MIIS

#### City of Del Rey Oaks:

- Daniel Dawson, City Manager
- Jacques Bertrand, Panetta Institute, CSUMB
- John Roitz, Panetta Institute, CSUMB

#### **City of Greenfield:**

- Paul Mugan, Redevelopment & Housing Director
- Emily Hendrick, MIIS

#### City of Hollister:

- Mandy Rose, County of San Benito Waste Management Director
- Lisa Jensema, Integrated Waste
   Management
- Melissa Nguyen, MIIS

#### City of King City:

- Sal Morales, Maintenance Superintendant
- Nicki Mokhtari, MIIS

#### City of Marina:

- **Theresa Szymani**s, Planning Services Manager
- Maria del Pilar Chaves, MIIS

#### **City of Monterey:**

Lacey Raak, Traffic Engineering & Planning

#### City of San Juan Bautista:

- Mandy Rose, County of San Benito Waste Management Director
- **Lisa Jensema**, Recycling and Resource Recovery Coordinator
- Jeremy Schreiner, MIIS

#### City of Sand City:

- Charles Pooler, Associate Planner
- Sky Lantz-Wagner, MIIS

#### **City of Scotts Valley:**

- Kimarie Jones, Public Works
- Rachel Zack, University of Pennsylvania

#### City of Seaside:

- Clark Larson, Associate Planner
- Yi-Chiao Lee, MIIS

#### City of Soledad:

- Susan Hilinski, Senior Planner
- Charlie Buck, MIIS

#### City of Watsonville:

Chris Hilker, Assistant Administrative Analyst
Robert Ketley, Public Works
Sarah Wendel, MIIS

#### **County of Monterey:**

•Taven Kinison Brown, Planning Services Manager •John Ford, Planning Services Manager •Chris Sentieri, Panetta Institute, CSUMB

City of Pacific Grove: •Celia Martinez, Public Works Business Manager •Essra Mostafavi, MIIS

#### County of San Benito:

Mandy Rose, County of San Benito Waste Management Director
Lisa Jensema, Integrated Waste Management
Jeremy Schreiner, MIIS

#### City of Salinas:

- •Carl Niizawa, Deputy City Engineer •Michael Ricker, Water Resource Planner
- •Tyler Espinosa, MIIS





## Thank you

Contact Information: Elisabeth Bertrand Russell Energy & Climate Action Planning Programs AMBAG Energy Watch <u>erussell@ambag.org</u> Cell: 831-588-1694

## Innovative Partnerships to Build Capacity for Community Well-Being

## The Perspective from Old North Saint











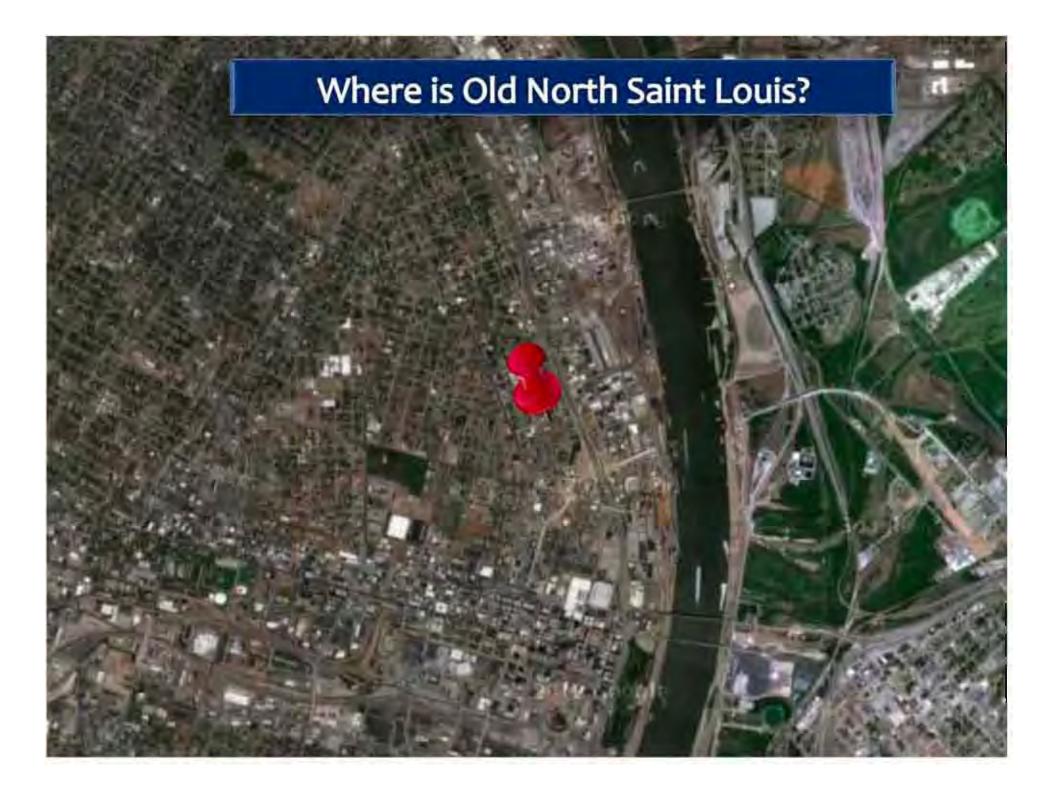
## Where is Old North Saint Louis?



## Where is Old North Saint Louis?









Old North St. Louis is an urban-core, historic neighborhood of approximately 90 blocks on the edge of Downtown St. Louis



Old North's approach to community well-being must be understood within the context of the comprehensive neighborhood revitalization strategy



## What do we see as components of Community Well-Being?

Among many factors...

 (1) Decent, affordable housing for all income levels;
 (2) Safe and attractive streets, sidewalks, parks... all of the spaces outside of people's homes;
 (3) Access to basic necessities (especially food) and other amenities within the neighborhood;
 (4) Accessible transportation to necessities outside the neighborhood;
 (5) Strong & supportive bonds among residents of

the community.



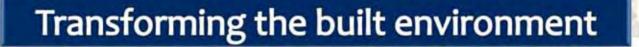
Old North Saint Louis Restoration Group

## 

Established by neighborhood residents in 1981 with a mission to revitalize the physical & social dimensions of the Old North St. Louis neighborhood in a manner that respects the community's historic, cultural, and urban character.

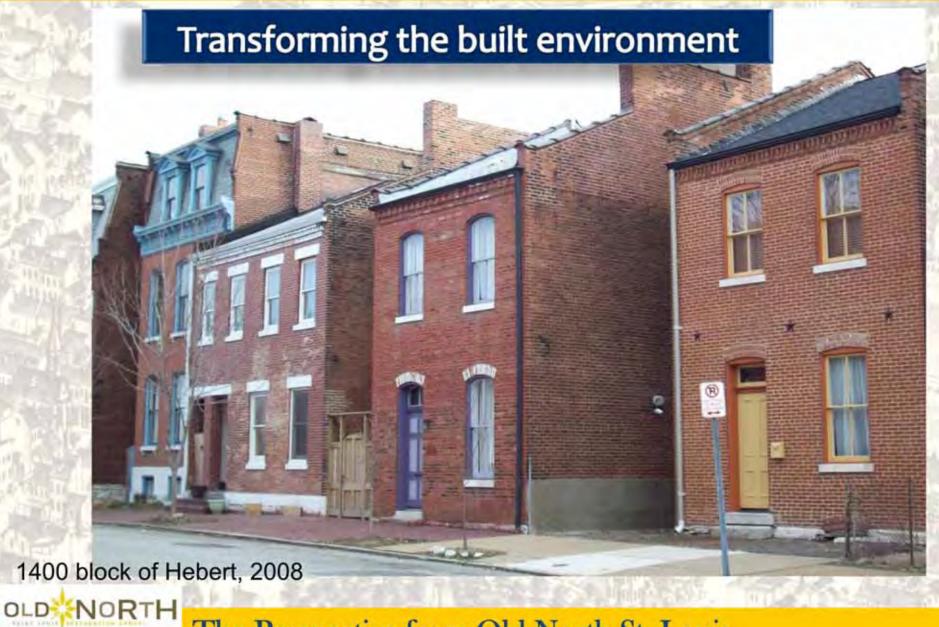
The Perspective from Old North St. Louis

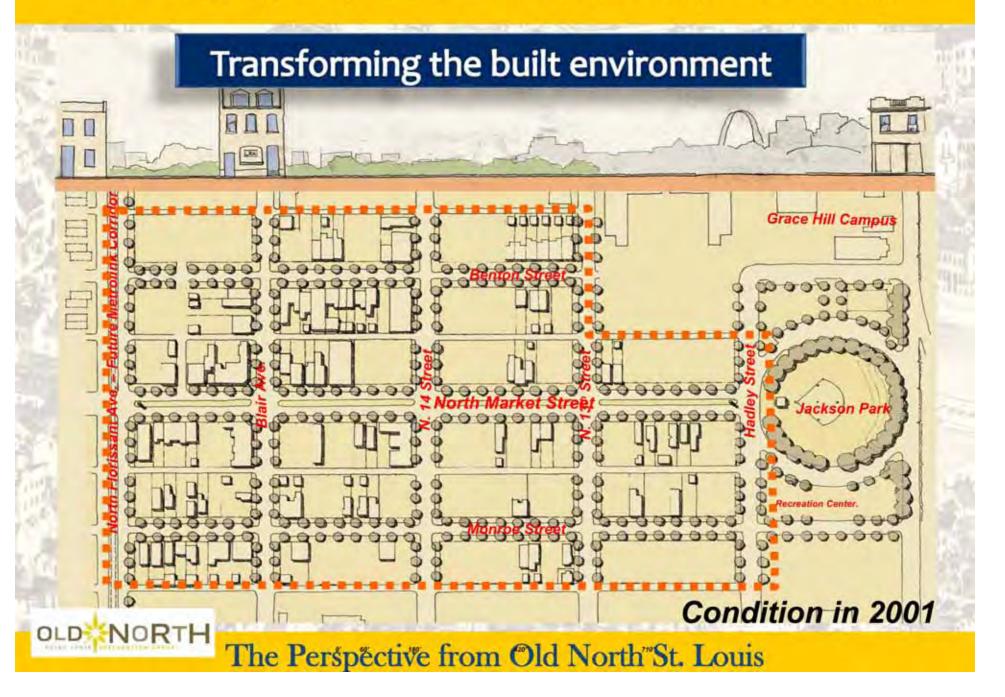
OLDNORTH

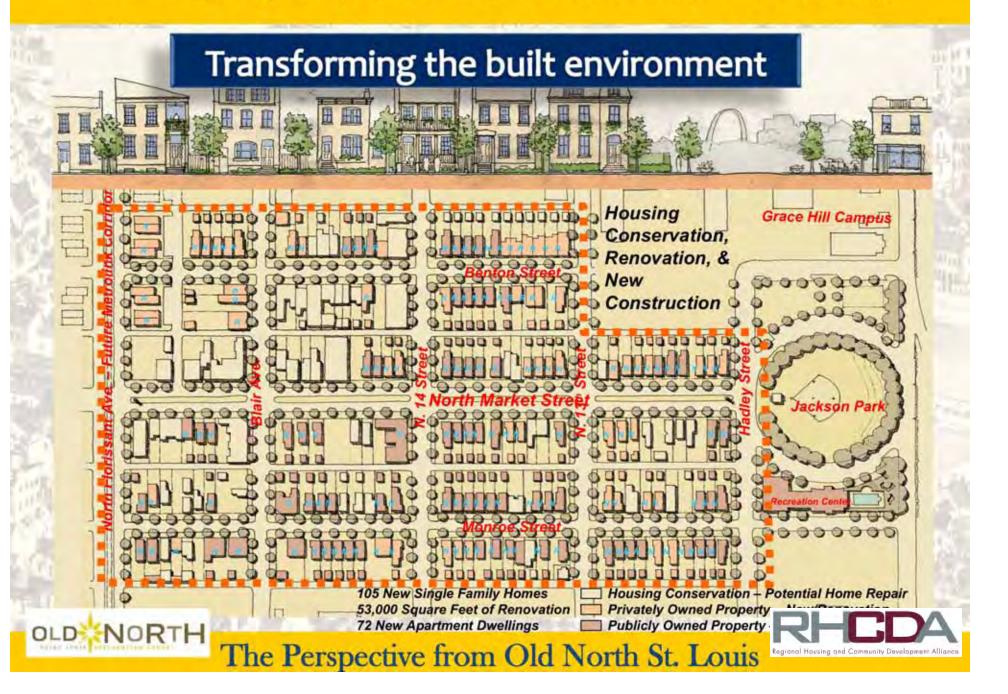




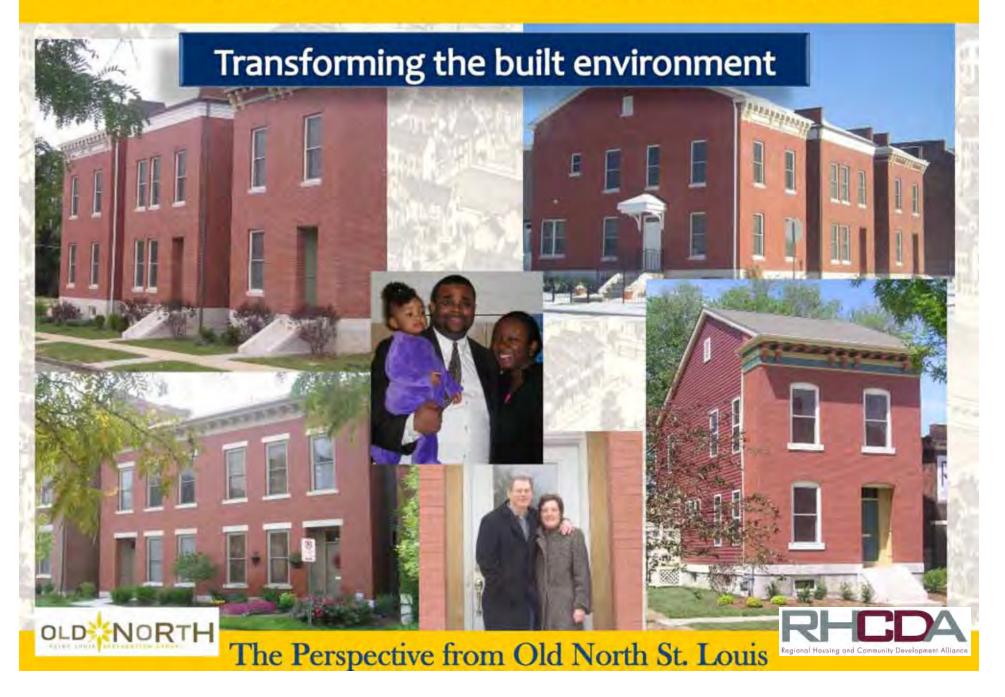
#### Building a "Local Foods" Economy



















#### Transforming the built environment



















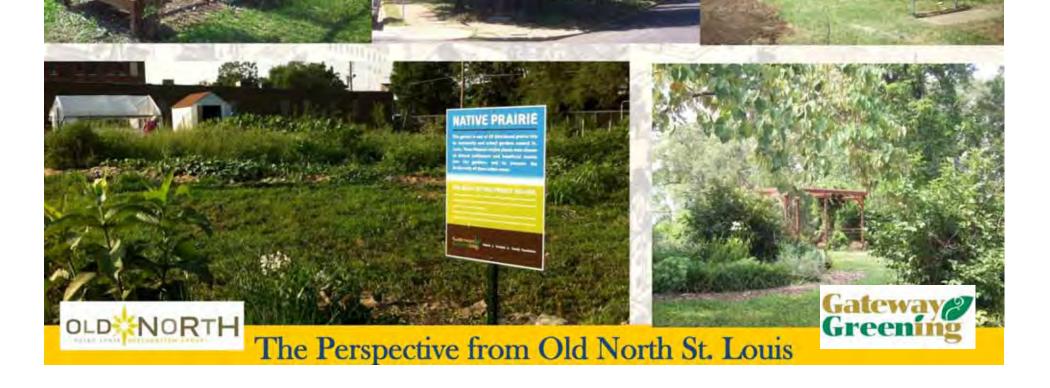


OLD



#### Transforming the built environment: Community

Gardens



## **Innovative Partnerships**

Partnerships with University of Missouri-St. Louis and University of Missouri-Extension:

- Consulting / research by faculty & staff;
- Support from "Community Building Fellows"

University of Missouri

St. Louis

- Connections / referrals to other partners
   and sources of support...
- & much, much more

Extension

Live. And Learn.

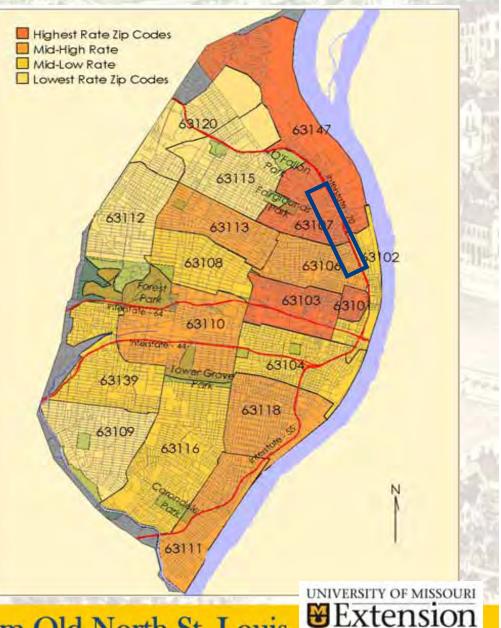
#### Increasing Access to Healthy & Affordable Foods



## **Heart disease**

Physical inactivity,
obesity and
overweight,
diabetes
Disparity Ratio: 1.1

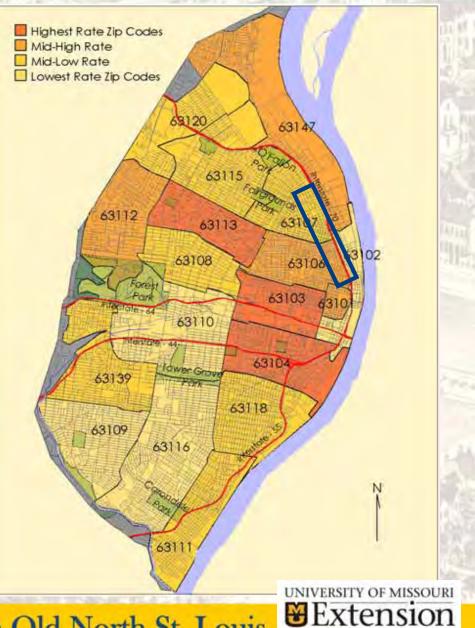
Source: City of St. Louis Department of Health, 2007 Report





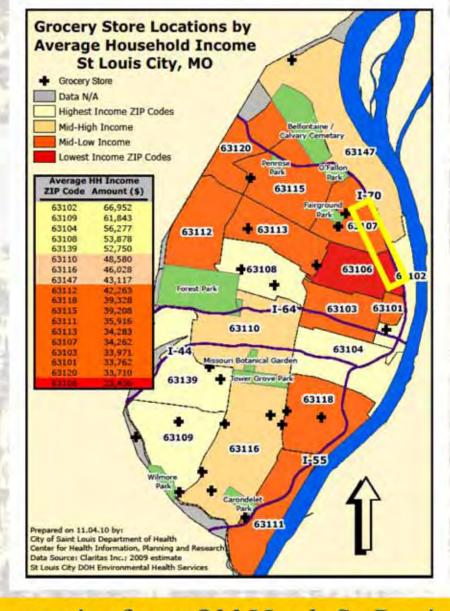
# Diabetes Diet, physical inactivity Disparity Ratio: 1.7

Source: City of St. Louis Department of Health, 2007 Report





# St. Louis City Food Deserts



OLD NORTH

The Perspective from Old North St. Louis

UNIVERSITY OF MISSOURI

Extension

#### Increasing Access to Healthy & Affordable Foods

Grocery stores that area only a few minutes by car is not bad, except when you don't have a car.

- 41% of all households in Census Tract
   1266 do not have access to a car;
- 49% of the renters within this Census
   Tract do not have access to a car.



The Perspective from Old North St. Louis

UNIVERSITY OF MISSOUR

■Extensior

#### Increasing Access to Healthy & Affordable Foods



Food options in Old North prior to Old North St. Louis Restoration Group's Comprehensive Healthy Foods Strategy



### Increasing Access to Healthy & Affordable Foods





The Perspective from Old North St. Louis

#### **Increasing Access to Healthy & Affordable Foods**



#### North City Farmers' Market, 2007-Present





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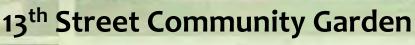
The Perspective from Old North St. Louis



The Perspective from Old North St. Louis

Messional Februaries For Health

### Increasing Access to Healthy & Affordable Foods



2009-Present

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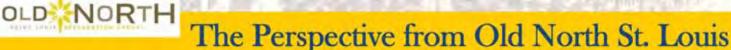
ARDEN

OLD



#### Increasing Access to Healthy & Affordable Foods





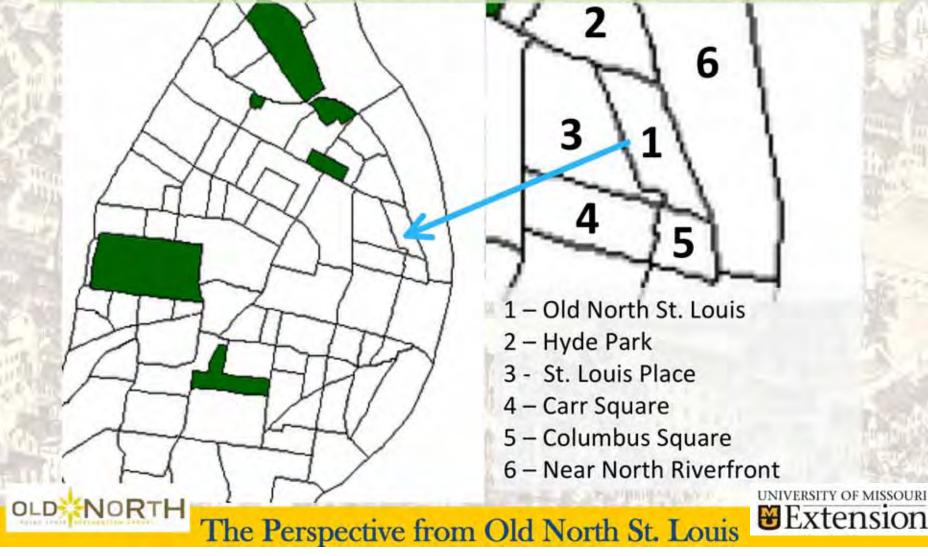
#### Increasing Access to Healthy & Affordable Foods



#### Community Supported Agriculture (CSA), with Lee Farms, 2009-









#### Increasing Access to Healthy & Affordable Foods Availability of a strategically located & accessible building is key



### Increasing Access to Healthy & Affordable Foods





The Perspective from Old North St. Louis

#### Increasing Access to Healthy & Affordable Foods Support from respectful outside partners with resources



Live. And Learn.

# **STL North LLC**

(property owner)







MISSOURI FOUNDATION FOR HEALTH



The Perspective from Old North St. Louis

#### Increasing Access to Healthy & Affordable Foods



#### Opening day for the Old North Grocery Co-op, July 17, 2010



### Increasing Access to Healthy & Affordable Foods



Opening day for the Old North Grocery Co-op, July 17, 2010



The Perspective from Old North St. Louis

UNIVERSITY OF MISSOURI

Extension

### Increasing Access to Healthy & Affordable Foods



#### Postscript: Ongoing improvements inside & out



The Perspective from Old North St. Louis

UNIVERSITY OF MISSOURI

Extension

### Increasing Access to Healthy & Affordable Foods



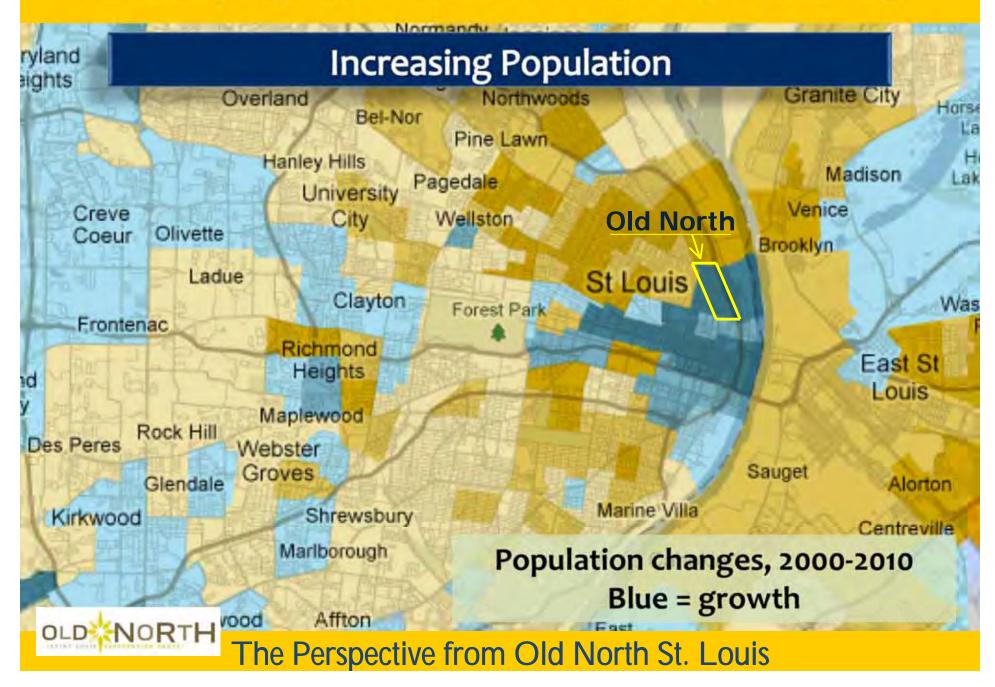


Accessible transportation to necessities outside the neighborhood

The Perspective from Old North St. Louis

OLD





# In the end, it's all about building a strong, viable, & sustainable community



The Perspective from Old North St. Louis

### For more information, please feel free to contact



Sean Thomas, Executive Director Old North St. Louis Restoration Group 2700 N. 14th Street St. Louis, MO 63106

Phone: 314-241-5031, ext. 103 Email: sean@onsl.org Web: www.ONSL.org Old North Grocery Co-op: www.OldNorthGrocery.com North City Farmers' Market:



www.ONSL.org/northcityfarmersmarket



The Perspective from Old North St. Louis



#### NATIONAL PREVENTION COUNCIL

"A prevention-oriented society can be supported by integrating health

and health equity criteria into community planning and decision making releven

argropriate; maintaining a skiller cross-trained, and diverse prevention workforce."

# "Integrate health criteria into decision

#### making, where appropriate,

accessible transportation options and safe and navigable streets helps people, especially older adults, people with disabilities, and those with low incomes, to live safely in their communities, reach essential destinations (e.g., grocery stores, schools, employment, health care, and public health services), and lead more rewarding and productive lives." How do we replicate these examples?

How do we <u>meet the growing need</u> for people skilled to do this work?

How do we **impact both the current and future** community design and public health **workforce** to build these innovative partnerships to address community v ellbeing?



AMERICA'S PLAN FOR BETTER HEALTH AND WELLNESS



http://www.surgeongeneral.gov/initiatives/prevention/strategy/report.pdf

#### TRAINING A BUILT ENVIRONMENT AND PUBLIC HEALTH WORKFORCE

"Despite growing evidence of the direct and indirect effects of the built environment on public health, planners, who shape the built environment, and public health professionals, who protect the public's health, rarely interact. Most

public health professionals have little experience with urban planners, zoning boards, city councils, and others who make decisions about the built environment. Likewise, few planners understand the health implications of design, land use, or

transportation decisions. One strategy for bridging this divide is the development of interdisciplinary courses in planning and public health that address the health implications of the built

**environment.** ... A model curriculum is proposed that will help bridge the divide between the built environment and public health and enable both planners and public health professionals to value, create, and promote healthy environments."

#### Related Articles

#### A Model Curriculum for a Course on the Built Environment and Public Health Training for an Interdisciplinary Workforce

Nisla B. Dotelwy, PhD, Sushi E. Holsen, MPH, Andrew L. Dannenberg, MD, MPH, Karni G. Mumferd, HiD, Cheryl K. Centant, PhD, Tracy E. McMillan, PhD, MPH, Richard J. Jackson, MD, MPH, Kustell Loper, HiD, Cherus Winkle, PhD

Abstract Despite growing evidence of the direct and indirect off de of the built environment on public health, phenetal type supervise both environment, and public health, phenetal type supervise interact. Most public health professionals, why product the public is health, variay interact. Most public health professionals why product the public health, variay interact. Most public health professionals why product the public health, variay interact. Most public health professionals why product the public health, interactions on the solid experience with under a planters, variant basedet, edge outche and other who make decisions about the built environment. Likewise, dew planners under and the health implications of design, kan lines, or transportation decisions. One strategy for building this divide is the development of interdisciplinary courses in planning and public health that address the health interdisciplinary course in planning and public health that address the health in text was of the built environment. Professionals incovering and interdisciplinary courses in planning and public health decisions in 2007 led to the identification of six primarily graduatedevel courses in the U.S. that address the health environment and public health of the state address the health arous in most of the identified courses included planning and public health of the state address to health of planning and public health of the state address the health of the state address of the built environment and public health. Common content arous in most of the identified courses included planning and public health departities, there is courses included planning and public health of the state is address of the distribution apprecision of the state quality, physical activity, cocial capital, and menual health.

Instruction of frace course collaborated on course content, assignments, and evaluations to develop a model curriculum flactfoll was an active learning-or thered opproach to course design. The proposed into the curriculum is adapted to by both planning and public health departments to promote interdisciplinary detrained. Secular most heat students gain planning and public health perspectives through this instruction, benefiting from activelearning epperturbles. Easily implementation of the propose d interdisciplinary model curriculum will help bridge the divide between the built environment and public health and enable for the planters and public health professionals to value, struct, and promote healthy invironments.

(An ] Éaw Med 2005215(1,5):263–271) > 1005 American Journal of Presentive Medicine

#### Introduction

century ago, planning and public health proresponds work. I together to protect the publie's health and prevent the presed of disease by developing zering laws to influence the built environment of However, the heaptimes soon diverged; public insult followed a clinical model, and planning located

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Verty (Inspee), Bastan, Aston, Aston, Aston, Education equation (Inspee), Bastan, Aston, A

Ara F i rev M=3 1009,80(28) ◆ 2003 Arreneal Janual of Provintivo Modifiane. All rights reserved

on policy development and physical form. These two fields are reconverging because many chronic diseases are we related with both theil uilt environment and the in first last behavious that cumulatively lead to be gained health outcomes.<sup>2000</sup>

Imilitionally, planning and public houlds are taught and practiced will little coordination. Most remnuminity-dosign and transportation-planning facitions are made by urban planners, zoning-beard memb is, and dry councilors—seldem by public bearth professionals. Now public beach professionals hearth professionals. Now public beach professionals hearth professionals. Now public beach professionals, except in relatively narrow longing professionals, except in relatively narrow longing such as waterand sever-infrastructure-review processor. The model of social determinants of health and environmental health promotion describes health and device outocurs resulting from the built invironment and social context is well as community-level factors. There includy infrastruct and clud health, objective carfiovascular fiscases, data test concer, injuries and

> 07.55-3737/09/5-8 front matter \$63 dou10.1015/hamer re.2008.10.005

#### The Expert Panel on Public Health and Community Design Cross-Sectoral Workforce Development

Convened in Atlanta, GA on September 24-25, 2012 by Faculty in the School of City and Regional Planning at the Georgia Institute of Technology

Supported by the National Network of Public Health Institutes and the Centers for Disease Control and Prevention



# **Community Design Participants**

Academic	Practice
American Institute of Architects	American Planning Association (APA)
American Institute of Certified Planners	
Association of Collegiate Schools of Architecture	National Academy of Environmental Design (NAED)
Association of Collegiate Schools of Planning	Planning Accreditation Board (PAB)
Florida State University School of Urban and Regional Planning	
Georgia Institute of Technology School of City and Regional Planning	Transportation Research Board (TRB)
Rutgers University School of Planning and Public Policy	U.S. Green Building Council (USGBC)
University of Arizona College of Architecture and Landscape Architecture	
University of Washington College of Built Environments	



# Public Health Participants

Academic	Practice
American Public Health Association	American Public Health Association (APHA)
Institute of Medicine	Centers for Disease Control and Prevention (CDC) (Division of
Association of Schools of Public Health	Community Health; Division of Nutrition, Physical Activity and
Council on Education for Public Health	Obesity; Healthy Community Design Initiative; National Center
Public Health Accreditation Board	for Environmental Health; Office of the Associate Director for
Public Health Functions Working Group	Policy; Office for State, Tribal, Local and Territorial Support; US
Council on Linkages Between Academia and Public Health Practice	Public Health Service)
Georgia State University Institute of Public Health	Convergence Partnership
University of Illinois at Chicago School of Public Health	Health Commissioner from Summit County, Ohio
University of Washington School of Public Health	Health Impact Project, Pew Charitable Trusts
	National Association of County and City Health Officials (NACCHO)
	National Board of Public Health Examiners (NBPHE)
	National Environmental Health Association (NEHA)
	National Network of Public Health Institutes (NNPHI)
	National Research Council (NRC)
	PeaceHealth Oregon
	Public Health Foundation (PHF)
	Public Health Institute of Metropolitan Chicago
	PolicyLink



# Expert Panel Charge



Recommend ways to ensure that current and future professionals in the public health, planning and design sectors are able to identify and respond to new and emerging opportunities and threats in the built environment that impact public health.

# Five Principal Goals of the Expert Panel

1. Confirm and/or revise the hypothesis that there are workforce development challenges in terms of creating professionals that can bridge the planning, design and public health arenas. Clarify the scope and nature of this challenge in the undergraduate, graduate and professional development arenas.

2. Clarify the range of core competencies and knowledge necessary for a workforce that is trained to bridge the planning, design and public health arenas. Work with existing planning, design and public health curricula and current specializations in each field to assess, refine and expand our current definition of this essential cross-sectoral knowledge base.

3. Describe and assess the current training systems in place to produce the workforce that can bridge the planning, design and public health arenas. Look at institutions, programs, populations addressed and outcomes achieved.

4. Perform a gap analysis on the current training system in light of core competencies, existing and projected jobs at the nexus of planning, design and public health, the capacity to bridge existing silos, etc.

5. Identify a set of potential actions for moving this agenda forward. What can we learn from change processes in each field? What outcomes can we commit to? How will we measure success?

# Workforce Development Challenges

Three pipelines that merit attention:

- Produce new, <u>highly trained professionals</u> (i.e. dual degrees);
- Ensure that all <u>newly trained professionals</u> have a baseline of knowledge about built environment and health issues; and
- Provide <u>existing public health and community design</u>
   <u>professionals</u> with interdisciplinary training in these emerging areas.



# Immediate Response

- Article Journal of Public Health Management and Practice
- \* Community Design and Public Health Primers <u>www.bephc.com/resources/primers-online-trainings</u>
- \* Glossary of Community Design and Public Health Terms <u>www.bephc.com/resources/glossary</u>
- \* Expert Panel Report <u>www.bephc.com</u>

# Table Questions and Reporting

- 1. Share an example from your community where local academic institutions have partnered with city or state governments or other organizations to implement community health and sustainability projects? If so, who is involved in this partnership and what does this model look like compared to the IISC?
- 2. Where do you see academic institutions playing the greatest role in local, state and even federal efforts to improve community public health? What are the academic disciplines that are most needed in communities public health, urban planning, public relations/communications?
- 3. What knowledge, skills, and abilities do <u>new professionals</u> in these related fields (including bachelors-level and graduate-trained professionals) need when they first emerge from school?
- For <u>professionals</u> in both fields who have already completed their training:
  1) what are the specialty- or topic-areas they are most in need of additional training or continuing education: and

2) what mechanisms would be most efficient and effective at rapidly and consistently filling these knowledge gaps and limiting the chances of similar gaps occurring in the future.